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# THE INCA TRANSCRIPTS

Lectures given by  
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Topics...

- History of the Ages,
- The Nazca Lines,
  - Life on Venus,
  - Cosmic Ships,
  - The 3 Steps.



In this kind of conference listening with the consciousness is important, because the consciousness of the Father/Mother is our connection, and the truth can be very

strong. It is hard to compare our life in this three dimensional world, on planet Earth, with life on other planets, because they are very different civilizations. There exists authentic civilizations, the real civilizations. Our earliest grandparents of all the races were from these civilizations.

That's why I always suggest to listen with the heart, because if we listen only with the mind, often we will not like what we hear and then we may feel uncomfortable. Then many people walk away. Usually in the school and the university, we are used to listening to everything only mentally. We should also read esoteric books with the consciousness, and not like we read an ordinary book. We should read each chapter one at a time, close our eyes, and get reflection. Take the knowledge from the mind, digest it in the heart, understanding one section and then another one. So this way, as we receive knowledge we begin to understand and remember.

This conference and all the teachings and work that I am doing in Peru is based in this, and has as a fundamental part teaching and listening with the consciousness. That's why I prefer always to give the original, because everything has an origin, though I do not remember all of it. Yet what little I know is very long, very, very long. We will only give a universal flash, like this. One point will be life on the Planet Venus and the cosmic ships. Inside this will be the mysteries of the Nazca lines, only the little bit that I understand.

When I want to know something about a particular place, I have to go there and stay for a few weeks, maybe a few months, and then to investigate with my Father, because God as Father is wisdom. As wisdom, he is the one who gets out from his throne, then goes to the superior dimensions, while the Mother stays at home taking care of the physical body. But it doesn't mean that they are separate, it is only one line of light. So do not misinterpret this.

So, the men always have the most dangerous work to do, the most adventurous. The Mother with her power, she does not have to do that, because she has more Dharma. To be born with the physical body of a man is more Karma, while to be born with the physical body of a woman is more Dharma, because the woman is more similar to the soul. The soul is the God of every one of us. We are connected to the soul in the sixth dimension. That is our God.

Very few people in the planet Earth incarnate the soul. Somebody like the great Quetzalcoatl, the Christ, Confederation Anuac, the great master seven Incas, the last Inca Christ who was Wiracocha Inca, St. Germain, Jesus the Christ, and many other great masters sometimes incarnate the soul on Earth. There were Christs from other cultures, Hermes Tremehest, Raphael, Kutumi, in the ancient times there were hundreds of Christs we can name, and they also incarnated their soul.

Everyone has the same possibility, the same opportunity to incarnate the soul, but almost everyone chooses really to work. That course, to incarnate as a human being, to work to become a master, is much work, to renounce many, many, many things and then to choose to live very radically. They close themselves in their houses, in their temples to really do the work. Of course this is only information. We are not telling you what to do. But if you choose this path, you have to do the same and you have to renounce. We are studying to know what path all the great masters have taken. Often we wonder whether all the great masters were born as masters, as when the church says that Jesus the Christ was born only from the spirit, not from the father, only from the mother. All these ideas. They don't know what they are talking about, really.

There exists for us a great opportunity now in the Aquarian age. There is assistance from the great masters and they have messengers over here, there and on different levels. Of course you need to have discernment. The masters don't want believers. They don't want followers. They want every one of you to follow the path to become masters. You have the same possibility as they, but having someone to show you the path is necessary, a guide, esoteric guide, spiritual guide. Also those guides should practice what they teach, of course.

To speak about this culture, solar, cosmic, universal culture, you also have to live that culture. That is the only way we can reconfirm. We can speak with authority that there is life in other dimensions also. That's with certainty, not because we believe. It's because we know. There's a difference. Because he who knows doesn't need to believe, and he who believes doesn't know. Of course there is a process and

there are steps. We bring all the knowledge from a book or from a conference, or workshop, etc., to the intellectual center. First we believe. This is also okay, but when we practice what we have learned, in that moment we are eating and digesting the knowledge. When we eat that knowledge, it is no longer knowledge. When it is brought to the heart, where there is love, it becomes wisdom. The wisdom of love is the doctrine of the heart. We are not talking about that which is good only for the intellectual center and then you will forget.

Now I will give an orientation. The First Solar Race was Androgynous. The Second Solar Race was Hyperborean. The Third Solar Race was Lemurians. The Fourth Solar Race was Atlantis, the Fifth Solar Race, Aries. The Sixth Solar Race, Coradi. The Seventh Solar Race, the Spiritual Race. Every planet in this solar system is governed by our Sun and the Great Central Sun. This universe of seven planets, has a relationship with our inner universe also. We have influence from Mars, also from the Moon, also from Venus, Jupiter, Uranus, Neptune, and Europa. These have an influence in a positive way, and in a negative way. It would take very long to explain all about this.

Some people go channeling, "oh channeling." "Oh the American Indians," or South American, or Mayan, "They came from the stars." Some others say these civilizations came from extraterrestrials, which is also good. But this is not for the masters. You can compare in any book, ancient books, not new books, very ancient books from the masters from all cultures. You will find, not with the same name, but that details about the giant people, the giant animals, the dinosaurs, have been given.

The humans who were creating paradise were the Androgynous race, and that has much explanation, about one hour long. Another explanation that would take one hour is about the Hyperborean race. With seven conferences of one hour each you can finish this. So you can see, we have very little time, so it is almost impossible to explain about all these races in every detail here. I'm going very fast here. We are the children of the Fifth Sun, our present solar race. Every Solar Race lasts one sidereal year, almost 26,000 years, and at the midway point something always happens, then there is the continuation, and then selected people continue to end the race. Once this humanity disappears, the masters will get the seeds from this solar race, from all the present races, from the mixed races, white, black, Indians, oriental, etc. Also from the natives they will get the seeds for the future solar race, after the earth cleansing.

That selection has already begun, but of course what they say they need are people with quality, with merit of the heart. What does that mean, "merit of the heart?" Merit of the heart is bringing everything to the heart, to open the seven chakras, and to get enlightenment, illumination, more wisdom and love. All that is much work. But do not worry. Just live moment by moment. Because the mind will say "It is too late," or "I have no time," all these things. Take this only as information. Being in the temple of the inner Father/Mother is best, to do the good work, and to live moment by moment, day by day. Do not worry about the past, nor the future. When we are working day by day, we are creating a good future also. The masters have given all our past lives, and we don't have to worry about our past, because our past is just like we are.

We are not all knowing as God is, yet it is good to know a little bit. There are the official signs and there are the occult signs of the masters. The official signs are from those scientific people, such as the guide who was talking to us this afternoon. Those are the official scientists, the anthropologists, etc., who are materialistic scientists, and they only base their knowledge in what they touch, what they see, what they hear, etc. They don't know other lives. They don't know other dimensions. This is the reality they know,

which is also good. But we are revolutionary. We are not content with the superficial things. Because it is empty, a waste of time and it is boring.

So the future solar race will be the Coradi Race and then the Spiritual Solar Race. However, this requires a long explanation. This is what we call Chakana. Chakana is the Inca cross, from Tiawanaku, also from Machupicchu, and has a connection with all the four directions, as well as the four elements and the four seasons. You know in the terrestrial year there are four seasons, spring, summer, autumn, and winter, and then with midnight on December 31 comes ending. There is also January, February, March, etc., the twelve months. The sidereal year is also the same way. For one mosquito 24 hours is one lifetime. For them 24 hours is like 100 years. For our physical body there are 80, 90, 100 years for one lifetime. For our Father/Mother it is not like this. One year is like one minute for them. So, a year for the Gods is one sidereal year, 26000 years, and this also has 12 months. Every month is one age. For example, the last age was the Piscean Age, which lasted 2448 years. Then on February 4, 1962 the Piscean Age ended, and the Aquarian Age began. Many people were calling this the New Age, you would hear this being called the New Age for a long time, but now it is becoming quiet, because we are already 34 years into the Aquarian Age. This age also lasts more than 2000 years, and each age lasts more than 2000 years. If each age were only 2000 years, this would only total 24000. But when you assume that everyone is a little bit more than 2000, it becomes almost 26000. So this is the calendar of the masters.

There is also another calendar, of course, the Moon calendar. However, the 26000-year calendar of the masters is of the Sun. There are two cultures. The original culture of the Inca is culture of the Sun. Of course, there was also the Moon culture, because there is free will to give balance. But I don't know anything about the Moon. For me, I am a Lion. I like the Sun.

So we came from the Sun Absolute, all of us, to live 108 lives in one sidereal year. If after 100 lives we come with a minimal light to the masters, with 3% of consciousness free, if we find out the purpose of life on our path during many lifetimes, and that the purpose of life was to become masters, to become Inca, or in our culture to become Gods and the Goddesses, because it is for couples, then once we discover the purpose of life, we don't have to finish the 108 lives. Then we take the three steps and win self-realization, the path of self-realization and mastery. So that is the purpose of life.

This is available for everybody, but there is free will. One of the universal laws of this solar cosmic universal culture is the law of the free will. That's why the Inca never pushed. They never obligated that others have to practice all of this. If they push, if they really don't respect the law of the free will, then it is not white magic. It is then black magic. This is very important to know. We have to respect everyone's free will. Even with my son or my daughter, I will only show the path. "This is . . . If you like . . ." Anyway, they have to go through also the experiences of being human and once they have information they will know. They will be comparing anyway.

So that's the sidereal year and the Piscean Age and the Aquarian Age. In the sidereal year there are four seasons. Instead of winter, spring, summer and autumn, there are four ages. At the beginning of the new solar race and the new sidereal year there is always a Golden Age, which is a spiritual age. Everyone is esoteric. Everyone is very spiritual even when they first arrive. But then again the free will is present, and then comes the ego. Then comes the Silver Age, and then there is a division already in the radical way, they know both the good and the bad. The solar cosmic people become divided into two cultures. One is a lunar culture or moon culture, which is cosmic, but not universal. They know of the universal, but they don't practice the universal wisdom anymore. The radical ones are the Solar culture, while the

Moon culture is not radical. This is also good, because with their free will they choose this. Humanity can choose. After this is the Bronze Age.

The age we are now in is the Iron Age. In India they call this cycle, the sidereal year, Calayuga. All the cultures have this in their own languages, so this is not a new idea. At the beginning of every age always comes one avatar. They bring the teachings of the mystery schools with the three steps and this awakening of the consciousness. They unite us little by little. We will get to know each other and then the decisions are on the path. So they create a new tribe from us, so we are the last tribe from this Fifth solar race, the Coradi Race. But in this fifth solar race, since when we came from the Atlantean period they have created already 11 tribes. We are the last, and we are coming together, speaking only one language.

Inside the four seasons of the sidereal year there is positive and negative. Inside the negative is the positive. Inside the positive there is the negative. This is the duality, which is a ruling law. Another law also is we need energy to have light, and another is to have polarity. We have polarity in the same person, right and left. When some people get paralyzed, it affects either one side or the other. So polarity exists in our reality. Also, duality expresses itself as husband and wife, male and female. So this positive and negative are unfolding over time. It has many, many unfoldings. Day and night. Positive and negative. Male and female, polarity of light, etc. The consciousness and the ego are also an opposition. Also, the ghost and the soul are an opposition. The Soul is God and the ghost is evil. But anyway, it is opposition and it is important to know that.

Then there are of course the light and the dark, the God and the evil, all that has an unfolding in different ways. It was always existing from the Absolute. As it moves farther from the Absolute, there are more laws in effect, from 1 law in the Absolute to 48 laws in the Third Dimension. Then more laws are in effect through each of the lower dimensions. Well, all that they will cover when we speak about the dimensions. We will not speak about the dimensions now.

All the planets also have the seven solar races, including our Moon, which is a dead planet, which we call Mamanchakila. Mamanchakila is grandmother Moon. When she was living, she used to have people like us there, but after seven solar races, the people of the moon were disappearing. They also began with giant people and then they became smaller and smaller. They became divorced from the Father/Mother, and while they were a very organized civilization, they were not civilized. It is very important to know that. They looked civilized. They were well organized, everything going. The masters called them mechanical creatures. They were doing everything, every day, all day long in only a mechanical, intellectual way. At the end, they could not support life, because life is very hard. There is a cosmic law, to eat or to be eaten. They ate them by the life. So there was no more life.

The Sun Absolute took the light of the life from the Moon and then it became a dead planet. That light has no life. That's why there's no life in that planet. It's very hard to understand that. There are no impressions for life to exist. This planet has the same destiny also. On Venus, on Mars, and other planets where people live, there are thousands and thousands of years that we are talking about. We have the same culture. It is a solar cosmic universal culture, the culture of the same Father Sun and Mother, the culture of Gods, not a culture of humans, mentalists. The Incas have practiced this same culture in the civilizations of Venus, Jupiter, and Mars. Everything is geometrical. Everything is electromagnetic. Everything is light, is electricity. When we are in the higher dimensions we work to become conscious of all other dimensions.

The sad reality about humanity on planet Earth today, I'm sorry that I will say the truth, is that they see themselves in a wrong way. In the first case, we are not man. We have the appearance of man, but we are not man yet, because authentic man has all the powers and faculties. Authentic man exists when they eliminate all the egos. That's authentic man. That man who is screaming, who is being macho, etc., is the most feared by people. He looks like a man, but he is not a man. If he were really a man, he would be going inside to really eliminate his egos.

If they are very valiant, they can go to the superior dimension, to the Fifth dimension, mental world, where the egos appear to have big, big bodies. They can fight with the golden sword like Mikhail. For the many masters, the authentic war is not on the outside, like in the Vietnam war. Anybody can be a big hero in a war like the Falkland Islands, or in Chile, or we can name the First World War, or Second. Those are most fearful people, but the true warriors are not fighting a battle on the outside. It is inside. So, the first war in the esoteric for the great masters is in the astral world, in the astral plane, to eliminate day by day one of their own egos in the astral plane.

This is a long explanation, and is of course, something that I have been learning. Often I have been fighting with my own stuff, with my own darkness, which has been bothering me. But now, I have control a little bit better. At the beginning was very wild, oooohhh, was very wild, when I began. All of my egos came to battle with me, but now, okay, little stuff is still bothering me, but still, I take it easy (laughs).

Of course, the path to get out from this mechanicity is the three steps. The First Step is the elimination of the ego. The Second is the transmutation of the sexual energy. The Third is to share the wisdom of the Father with the love of the Mother to humanity. So this is the Three Steps, the keys, the center. The religion of the cosmic universal culture is simply practicing these three factors of the revolution of consciousness.

We have to die not to die, not to live like the dead. Like those dead we have seen. They have finished themselves in war, because their death, the ego, made them. At their end they were following their egos and their Karma collectively. They had to fight. So this is the death. The crystal skull says "Give death to the dead, not to live as dead." This is very esoteric and if we know the mystical death this is what . . . Of course, we have to kill the ego with love. We have to bring the egos to the Temple of the Heart and only with the love of the Mother can they die. This is very important to understand, and not to get complicated about. People who get to know their egos, then don't like their egos. One ego then wants to eliminate another ego, but it doesn't work like this, because it gets complicated. It is always done with love, because love is the great medicine to heal all the negativity. That is the only way. No other ways. If somebody is coming to beat me up, of course, I have to defend myself, yes, but without getting angry. But all that is a great mystery to explain, and to live, and to practice. I cannot tell you in two or three words.

I will talk only a little bit about life on planet Venus. Two years ago, I went to the United States three times. The masters sent me three times, and when I finished my last trip, I said, "Oh, finally, I'm finished!" I finished my mission, so that's all. But that was my ego saying this. But I received another invitation during the next year after I came back. I mentally said "What can I do with this? Now I have to say no, because I have already finished three." I went into meditation and I said to the masters, "I have finished already my mission. What can I do with these letters, because I'm not supposed to go any more to any other countries in the world?" But the masters said it was esoteric, sometimes we have to keep

going once we have started. It was only a test to go for three times. Along the way there were many, many tests. Money was a test. Women were a very hard test for me, but I had to come to my inner Father/Mother to really work, to see what I was doing, to help me. And there were temptations with different things, with food, cheeseburgers, hamburgers, banana splits. Good food, American. But at the end it was good, because my Father/Mother was always helping me.

When I came back to Peru I said, "Now I don't want to travel anyplace on planet Earth. Now I will pray to myself to go to the other planets." But I was too greedy, too ambitious to begin, because I am just a simple student, who's always beginning. It's really only for the great masters to be taken to other planets, interplanetary initiations. It comes by itself.

But I started working to go to the planet Venus, eating less meat and all that, all the best, working a lot with the three steps. I then asked them to give me the opportunity only to see. I didn't want to go to stay there, because my work is not there. What can I do over there? They don't need me over there. I have to finish my work here on this planet Earth, not over there. I only wanted to go there to experience that civilization and then to compare that civilization with my civilization on planet Earth, so I can bring a little bit back for humanity, a little bit.

So the test was given. I traveled in the astral plane, and when I got there, I arrived in this seaport. Many cosmic ships were there in the ocean, and it was very alive, like in the sixth dimension. Everything has life, has a brilliant vibration, very delicious life. Your spiritual body can feel really good, can feel that its home is there. It is something that I do not feel here in the planet Earth. But when I got there, of course, they were waiting for me, the celestial marines. All the boys there were young people, because they live eternal life, with the physical body like us, but eternal life, very young looking, like 22, and with white uniforms like American Marines. They also had a blue light, celestial cape over here. It was very pleasant, and when I got there, "Wow!" I got very emotional. "Wow!" "Finally I'm here!" But it was no good, because that's an inferior type of happiness, so I didn't pass the emotional part of the test. Because for them it was like giving a banana to a monkey, they jump with happiness (Demonstrates an excited monkey). My happiness was a little bit animal, still, which is natural on this planet Earth. But they know that, so they showed me a little bit more.

First, there is no government. So there are no palaces, or government buildings like the White House, or embassies, or ministries or anything like this. They have no presidents, because everyone is their own government. There are no countries. Planet Venus is only one country, so there is not your passport, my passport, my flag, your flag, frontiers, borders, etc. There are no nationalities. There's only one planet. There's no division between them. They have liberated their consciousness from all that. Everybody is the army. Everybody is militant. Everyone is the guardian of their own planet.

There's no monetary system either. They all work more for the Father/Mother to build their Temple of the Father and to build their Temple of the Mother. Wherever they go, they are home.

In that society, the mother of the society is always based in marriage. All the marriages are conscious. There is no divorce there, because they are with the Father/Mother. Everybody is a doctor also, and a medicine man, and as they walk, they heal their planet.

There's no Palace of Justice over there, because there's no ego. Nobody has ego there. If ego is present in a society, then of course, there's Karma. If there's Karma, then there are police, there are judges, and

jails. They don't know these things, as they have liberated their consciousness a long time ago, and don't need these things. They have no weapons either. Weapons like machine guns, tanks, airplanes to fight or attack, all those things. That is based in fear, fear of the ego. They have finished a long time ago with this.

That planet is ruled only by 24 laws, so there are fewer laws than there are here. There are fewer laws because they have liberated their consciousness totally. Their religion is still the three factors of revolution of the consciousness, including the elimination of the egos. Although they don't have ego, they are aware all the time that the root of the ego still is within them. They are always cleansing themselves. They know the good and bad from the past, and they always transform everything. The religion over there is the same light of the life, of the universal cosmic Christ. They see that light everywhere, in the Father/Mother, in the sexual energy. Even if they see the most beautiful woman, they don't react like the people on planet Earth, not erotically. They have a different mentality. For example, when we see a very attractive woman, with shorts, very . . . We respond a little bit like an animal, you know. But there is much respect, but not respect based in the fear, respect based in the consciousness. It is very important to understand this difference.

Life of the universal cosmic Christ is everywhere. The light of the Creation, this is their religion. Their religion is to be united with the Father/Mother, to always be in the temple. So, they don't need any organized religions, it is more a natural part of their culture, the solar, cosmic, universal culture, the culture of Gods. Everyone has all their faculties and powers. They have intuition and telepathic communication. Their thoughts are their verbs. They don't speak too much, like we do here. They have the faculties of clairaudience and clairvoyance. They have illuminated their mind. Their mind is in services of the Father/Mother, not anymore in the service of the ego.

Their religion is the three steps. In the second step, every marriage is practicing alchemy. Everybody knows how to make love, and this is the most important of course. A long time ago they used to live like on the planet Earth. At first only a few people were practicing the three steps, then there were more, and more, and more. At the end, everybody was taking these three steps in a radical way. They were growing up psychologically. They were evolving psychologically. So every one of them is an alchemist. That's why they have babies' faces, I mean not actually a baby's, but their skin is very transparent, very oily, shining like a baby's, because they have never wasted their energy.

They are intelligent also. They have created a solar system in their brain, different than ours, more intelligent, wiser, more enlightened, with a higher vibration, and they have an aura of love. You know to be an alchemist brings lots of privilege. All the secrets are revealed, and here is all the synthesis of rebirth. It is a very long explanation about how much privilege practicing alchemy brings. That's why they have so much electricity. They can also fly, of course, because they have all their bodies, vital body, astral body, mental body, causal body, and their physical body. They are the authentic man with all the faculties and powers. We can also call this the kingdom of the supermen, so this is a human kingdom. There is still a little of the animal still within them, but there is a difference. Authentic man is there.

I asked about the guerrillas in South America, the communists in Nicaragua, Russia, Cuba, and China, the communist countries. "What do you think about communism?" Most of the people on planet Earth say "Perfect communism doesn't exist." Even the communists themselves on planet Earth say that perfect communism doesn't exist. But over there they say, "We can only have perfect communism with the elimination of the egos." They don't need any political parties, from the right, or from the left, to take responsibility for all of the material things.



The only question is the action of the consciousness, so they have no problems with demonstrations because of social class struggles or because of some people being rich and others poor. Everybody there is rich spiritually, so they can dominate the material world. Whoever can dominate the spirit, can dominate the material. With the elimination of the ego, they became the perfect society. It is not necessary for them to create a right or left or democratic parties, like what we see in every country on planet Earth today. There's no fighting present because everybody is their own government.

As part of practicing the three steps they share their wisdom. Everybody speaks only a little bit, and they know that each one of them is a very important mathematical number in the universe. They are each a different kind of master. Everyone is a master, but they say "My physical body is not the master, it is my Father." They are very humble and simple. They don't have any ego. "My Father is the one who knows, so I am serving my Father. I am an eternal servant of my Father, and my Mother. He is the one who is the master, not me." They have no pride, have no vanity, do not show off, nor express many similar egos.

There are no universities, like we have the universities of Miami or Chicago, the University of London, the University of Paris, or Yale University. They are mentalists, those universities. They say "Poor people, they suffer so much to learn a little bit, and still it's not useful." It is not complete. For example, they become doctors on Earth and they don't know how to heal. First, they are wasting their best medicine. How can they be doctors on the planet Earth if they waste their best medicine? That means they are wasting all the sexual energy. So what kind of doctors are they, only scientific. The truth of course is big, big, big. The practice of these same three steps is the university, the solar, cosmic, universal university, so that in the spiritual path is where they get their education. They don't have to go to a university to become doctors, or to be judges, etc. They become their own judge, their own doctor, their own government, their own lawyer, their own architect, everything in the spiritual path. Later, as they grow, they are given all the faculties, even to heal the blind, the deaf, or cancer, but there are no illnesses or hospitals there because nobody gets sick. There's no contamination over there, because they never use any gasoline, or petroleum like on the planet Earth, or electricity, neither the gas like on the planet Earth. Although they have all these there, they make all the machines work with solar energy. So this is a totally different system.

I asked the question, "What about their science on planet Earth. They are making the machines, computers, airplanes and technology?" They said to me, "Well they are learning, because they are still, . . . The technology on the planet Earth is mentally retarded technology. They think they are civilized. They think they are on top of the world." Of course, they don't say this based in pride. One master said to me "What do you think about what they are doing, the trips to the moon, to Mars?" They say it is a violation of the cosmic law. They said that when a society grows in the spiritual culture, as they grow in the initiation, the keys are given, the secrets to make their own cosmic ships, but that technology is only to be learned in the spiritual culture. To make interplanetary trips is totally holy, totally sacred. In that way we will travel, everybody can travel in the universe. But to travel by only being a mentalist, and using only the intellectual level is a little bit dangerous, they say. So it is a violation of the cosmic law.

How do they control their population? They say that if someone knows how to make love, it is not necessary to be taking that garbage such as birth control pills or injections, or it is not necessary to use condoms, or to get, how do you call that . . . vasectomy. All these methods are for animals. We do not need it when we are civilized. The person who knows how to make love in the holy way, in the sacred way, in the spiritual, asks the inner Mother not to have a baby. They ask the Mother to have the spiritual

baby, that's the most important, not the physical baby. If they want a physical baby, they ask the Mother to have a physical baby and then the physical baby comes. They ask the great master who's in charge of the ray of creation, who's giving that baby the spiritual essence, to connect in the moment to conceive the baby. They don't have any abortions.

About the medicine man, everybody is the medicine man and doesn't need any medicine, because they are medicine. Of course, they eat the three foods. They get their medicine from the organic foods, from the air, and from the impressions of the life, the Cosmic Christ which is there. They radiate only with the hand of light, the light of healing which is coming from their Father/Mother who are connected to the superior dimensions. They can heal any kind of illness.

Of course, they also make the cosmic ships and there is a big, mother ship, very giant. There they have no weapons like tanks, machine guns, airplanes to attack or like atomic bombs, etc., because they say it is not necessary. They know another way. They know another way to control, a more superior way. They are the kingdom of the supermen. They are the Gods and the Goddesses. In our human kingdom, we can be a little bit dangerous with our weapons, but they can control. They have a better way to control because they know the electromagnetic science. The only weapon they have is a little spray like this, or a little bigger, like this, in every cosmic ship. That's all they have, nothing else, and they use this only if necessary. When they spray a little bit, for example, let's say, before landing in New York, they can paralyze all of New York State and more, three, four states, paralyzing all the machines, all the human beings without killing anyone, without damaging any machines, without making any noises, or without destroying any buildings or anything, paralyzing everything. In that moment they can control everything.

Anytime if they want, they can take over the planet Earth. They don't do it, because if they do, they will lose their initiation. Why would they lose their initiation? It would be violating the law of free will. We can fight all these wars between countries and ourselves, or use atomic bombs. This is our free will. This is our reality. We cannot complain, because we want the easy life, not meditating, not practicing the spiritual culture. If someone wants to dominate first the material world before the spirit, it doesn't work. We need to be spiritual first, then dominate the material. So this is the way they work to dominate nature.

They are the kings and queens, so like kings they dominate nature. Whenever they want rain, they make it rain or if they want it cloudy, they make it cloudy. Whenever they want it sunny, they put away the clouds and then it is sunny. They live in the Fourth Dimension also. In the ancient times their planet used to be a Third Dimensional world and also Fourth Dimension, and of course the other dimensions, but these two, third and fourth, were physical.

The Third Dimensional world is the subconscious. We are not a conscious world. The conscious people were living in paradise on this planet Earth, but the conscious people were not living here on Earth in this dimension for a long time. Now there are many living that I know. There are some masters already living consciously in this Third Dimension on Earth. Most of the conscious people always live in the conscious world in the Fourth Dimension, and this Third Dimension is the subconscious.

On Venus they have united these two dimensions. They have become one. This is hard to explain. They are living with the paradise weather. It is a protected, enchanted planet, almost not touchable, because it is ruled by fewer laws. If they come here, it is because they want to share their wisdom. They want to give a message, a warning to humanity. They want to show us their civilization. There are other

civilizations, more developed, more enlightened, more spiritual. It is very important to know their life, to compare our civilization with the civilizations of other planets in this solar system. They feel sorry for us, because we are not growing enough, but they are also very glad because we are working. We are understanding little by little.

The guidance received is to not look for the connection with ETs, because sometimes when we invoke the ETs, we want to be taken already to another world, not to come back to Earth anymore. That is not good, because we are running away from our responsibilities. We have done almost no work here, and already we want to be saved. That doesn't work. Also, from the other solar systems come negative entities and cosmic ships. There are many mistakes being made today. Humanity today believes that the gray people come from another planet. The gray men do not come . . . they are not ETs from another planet. They are from the planet Earth. On the planet Earth there is the Fourth Dimension light side and the Fourth Dimension dark side. In the dark side are living all those gray people. On our planet also are living other kinds of monsters, and big animals also. That would be a conference by itself, about the Fourth Dimension dark side and the golden cities of the Fourth Dimension light side. In each dimension there is life, different forms of life. Only in the Third Dimension and the Fourth Dimension can we live physically, with a physical body. To go to the higher dimensions, the Fifth, Sixth, and Seventh, we need other bodies, astral body, mental body, causal body, atomic body, and other bodies.

QUESTION - "Is there a battle between the Fourth Dimension dark side and the Fourth Dimension light side or do they just ignore each other?"

ANSWER from Willaru - They respect each other. When I was in the Amazon jungle, a monster man came next to me when I was sleeping. I only went to my inner Father/Mother and I was there with much respect. "That is life. That is life." They were always existing in the dark side. That's why we students or disciples of white magic, of the Great White Brotherhood, we always respect the dark side too, because they also have their mission. We don't judge. We don't condemn. They are also good for castigating humanity, because if there is no dark, there is no light. If we will know only the light side, if there was no negativity, if it were never necessary to come back to the temple of the Father/Mother, there would be no mastery, and we would get stuck in the same level. The existence of the negative entities is necessary always. It was always existing from the beginning of life, and it will always exist. In our spiritual path there will always be the opposition of the light. When we become more light, there also from time to time will come the test. By the law of the opposition, the tests, the presence of the dark always exists. All the way to the exodus they will follow us, the dark side. But like in the old times, the white magic, the light side gets into in the Fourth Dimension, and the dark follows, they too want to get into the Fourth Dimension, but they have no protection and are eaten. They sink. I think you know about the story of the exodus. They is also much witchcraft that exists in the Fourth Dimension dark side. They have their retreat there also, but in the dark side.

QUESTION - That means in the dark side of the Fourth and Fifth Dimensions it is necessary to maintain a balance?

ANSWER from Willaru - Yes, as we work with our spiritual growth, our ascension, they can follow us. The dark side can follow us only to the Fifth Dimension, to the Fourth Dimension dark side and Fifth Dimension dark side too, in the astral plane, also in the mental plane. But then, when they get that far, they only have a limited time and distance. But then as we continue to ascend, they don't reach us anymore, especially when we are with the Father/Mother. That is the best protection. You know a little boy, or a little girl, when somebody wants to abuse one and it is dangerous, they get scared, and run

saying "My mom. My pop," so they hang from their Father's and Mother's clothing. This is what we need to learn, to come back to the inner Father/Mother, never to leave them. When we have to come back, of course, it is because we forgot, but when you remember, that is self-remembering. We become more conscious. And then when we forget again and say "Oh, what am I doing." Okay, so this is coming and going. But you know where to go already, so this is good.

QUESTION - "Can I ask you to speak for just only a few minutes on the Nazca lines?"

ANSWER from Willaru - In the ancient times, the Lemurian, Atlantean and at first the first Incas exactly knew the three steps, the solar cosmic universal culture. In South America there were many different kingdoms. There were Paracus, Mocheeka Cheemu, Chabing, and Quetchua, Aymaras from Tiawanaku, there were hundreds. The Nazca was one of these and they were working with the solar lines. From time to time also when those masters from the past worked exactly, when they came back with the teachings of the great masters, they knew exactly what to do. They knew geometry, physics, mathematics, chemistry, etc., and the result was grace, happiness, enlightenment. For example, if you want to have light, if you don't know how to work with electricity, it will blow up. In the same way, the spiritual light is the result of chemistry, psychics, mathematics and all that. All these lines have something to do with illumination, to bring light from the Universal Cosmic Christ. Of course, they are also solar lines. The crop circles manifesting in England are not the first time these have occurred. It is not the first time. They have manifested for thousands and thousands of years in different countries.

Their rituals, sacred dances, and all their ceremonies for Earth healing are based in those teachings, in those keys. This science is very complex. There are more than 2000 kinds of ceremonies, and each kind ceremony is for a different reason, but in the end the result is always for illumination, for enlightenment. Only great masters can tell us more, but we would need more time. You need to stay here one more year please. We will go back to Macchupichu. (laughter) And you need to learn all this. It will take at least five years. Every week there will be two conferences and then you need to practice the rest of the time. So we will work this way for five years, six years, and then we can have more result. But, you know the keys. Always remember when you pray, and everywhere you go, and during any ceremony to be with the Father/Mother. That's also the best protection. Even if entities are attacking, you don't need to ask for help on the outside, just go inside. That's the best protection. Even the elements of nature can help you, the lightning, etc.

Every one of the symbols of the Nazca lines, like an animal, etc., is guidance for humanity, is a warning, for the disciple of the ancient mystery school. For example, the spider means that a test is coming, there will be a temptation. There is danger. You have to be careful. You have to be aware. You have to be in the self-remembering. You have to go inside for protection, because the spider is the symbol of black magic, also of white magic. It is good and bad. It is hard to say it is bad only, or good only. If a spider appears in your house, this is a warning. If you don't want to kill, just take them away, because they don't belong in your house. Just be aware to get ready.

The dog is another symbol. The dog represents lust. It is better to be like the cat, because there is much privilege. It is a symbol of ascension. Why? Well that has a long, long explanation. It is better to understand the warning to be like a cat because dogs represent lustful sexual energy. You know the character of dogs, when they see another dog, they go directly to the sex. That is why they represent sex in the inferior way.

The condor represents, of course, the inner Father. The eagle is the inner Father of the north. When you see this symbol, you need to remember to give the Father the opportunity to show us the higher dimensions, and to practice astral projection. Another animal symbol is the monkey. It is also a warning, because monkey represents the degenerated man, the atrophied man. Monkey see, monkey do, but they cannot do like a man, because they lost their faculties of a man and the monkey is the descendants of the man, so the Darwin theory goes in the garbage (laughter).

Darwin says we are descendants of the monkey, but in the Inca culture we say the monkeys are the descendants of man. Because of the ego the monkey lost their faculty and power. They have a smaller head, smaller brain, big hands, full of hair. They are degenerated man. The monkeys are the guardians of the inferior dimensions. There is an initiation to go through here too, to eliminate, to kill the monkey part of the self, and not to be a monkey.

We are only telling whatever is good for our life, for our ascension, for our liberation, to have a better life. And then the phoenix symbolizes success in the spiritual path. The phoenix was born from the ashes. That means every time we eliminate an animal ego by using the love of the Mother, the sacred fire of the Mother is burning that animal ego and then the phoenix is born. One part of the soul was liberated. When we die with something negative, something positive is born within us. The phoenix has the same symbol as the little spiritual baby. That represents success in the spiritual path. Humanity is changing, transforming. This is very important to know. The Phoenix is a good symbol to wear.

The Hummingbird...I don't know exactly what this represents. Is of course, to get the sweet nectar from every flower is the essence of what it symbolizes. This world is a labyrinth. It's a labyrinth of disorder and confusion. But inside of the labyrinth is the fire, the nectar, the essence. So we need to be like the hummingbirds, and go to middle of the essence where the real spiritual food is. We don't need to be like a cowboy, going round and round in circles, never going anywhere. We need to learn with our consciousness, not with the ego.

The whale represent that we need to go into the great ocean, and then swim and become good alchemists, because in the great ocean, very, very strong is the sexual energy, the water. And then to become masters in there, to learn to swim there. Humans can become like cats, because that takes mastery also. This is the first step, to become cats. I do not mean to become celibate, not to make that mistake, like popes, nuns, or priests. They have good intentions, but ....They are how do you say in English "honest but wrong." I am talking about the path to mastery. It is always in marriage, but whoever does not have a partner is not to worry. We never have to feel lonely because we are with the Father/Mother, and many children are in there, are the faculties. How great it is to be alone. It is a great mystery to live there, to live moment by moment, day by day, and never have to worry about a girlfriend or boyfriend, or husband. It is very important to know that. When we work in the spiritual path we have some kind of magnetism and then we attract a mate). When we don't work with the egos, we can also attract a mate, but then the egos chase them away, so this is very, very important. And it is always important to work for humanity. We are not alone. We are all planetary family. So remember, you have a little brother in Cusco, Peru. (laughter).

The symbol of the tree represents the root, the root of the social problems, wars. The seven egos are the root of the social problems, root of the illnesses, root of the wars, root of the ignorance also, because they are the ones that are ignorant. They don't know that they don't know. So if we are with them, we are also ignorant, but even our president is ignorant, so do not feel bad. The egos are the dark side. Of course, it was necessary to have these egos, because they have shown us the dark side, through good and

bad experiences, which is good. If we didn't know the dark side, it will never be necessary to look for the light, look for the inner God, for the better life, so this is very good. But the egos have a limited time. Now is the time for them to disappear. Mostly we need to be conscious of that, so if we are with the Father and Mother, all the egos go to the temple of love.

We always begin every lifetime in the mineral kingdom, for purification, then to the plant kingdom. In the plant kingdom we have the process of transformation. From the plant kingdom we go to animal kingdom, and then from animal kingdom we go to human kingdom in which we are now. All those kingdoms also have their devas, their masters, and they are divided into different families, tribes. For example, for all the banana trees, there is one family, one tribe. They have their own master. Avocado trees, they have another family, and animals too.

So here in the human kingdom there are also different, we choose different kinds of religion. We are choosing the highest path, because that is to become God and Goddess. Can you believe this, to become to be God and Goddesses? Maybe this is too much expectation for the time being. (Willaru laughs out loud to himself) Of course, first become a good human being, humanize ourselves and come to the natural life, with more purification. The tree represents the root, and we need to look for the root. This is our root also. (End of transcription)



## Lake Titicaca, Peru - September, 1997

### Topics...

- Dharma and Karma,
- Transformation of the Impressions,
- Eliminating the egos.

We gather here in Copacabana this afternoon next to the Lake Titicaca. This afternoon our reflection is about the alchemy in the Temple of Amaru Meru, one of the retreats, ancient retreats of the great Lemurian masters. We are in the 34th year of the Aquarian Age. Today more than ever, humanity needs more awareness, more knowledge of the masters. We all need esoteric guidance, which can take us on the path of the illumination, to self-realization. We are in a very important time, a time of decision to define our destiny.

Humanity is in such pain, so confused in the darkness, in an emergency. We need to know the law of Karma and Dharma.

In the Quetchua language we call it the law of Hucha and Ayu. However, we do not want to waste your time learning another language. The Masters gave the order for the messengers to speak in the language that the public, that humanity speaks, so I must learn many languages simultaneously. The law of Karma and Dharma is very necessary to learn and understand, so that we know how to transcend all problems, illnesses, wars, during the worst of the dark age that is coming. What is the law of Karma and Dharma? In all civilizations there exists that cosmic law. The law of the cause and effect is the same. Dharma is the good consequences of good work, or from the good actions. Karma is the bad consequences from the bad actions.

How many kinds of Karma are there? It is good to know how many kinds there are, to classify the types of Karma. There is individual Karma, when only person in one family suffers from an illness, doesn't find any job, etc. Everything is closed and negative for one person. That is personal Karma, individual Karma.

There is family Karma, as when a whole family is sick, maybe with an epidemic. Maybe their house was burned up. Maybe a car accident occurred to the whole family in one car, and everybody ends up in the hospital. That is family Karma. Economical problems also can be family Karma, as when a family has very poor economic conditions.

There is also regional Karma. An earthquake happens in only one city or a fire is burning all the houses in that city or nature is castigating one small area with wind or with much rain, or with other destructive forces of the four elements. Only one city, one region has a flood, epidemic, etc. That is regional Karma.

National Karma is where there is inflation. The monetary system is in inflation only in that country. Another example would be that terrorists are causing much damage in that country, like in Nicaragua, or in Peru a long time ago, or in many other countries. This is national

Then there is continental Karma. Maybe in all of South America something negative is going on. Everybody collectively is experiencing the bad consequences of their bad work from the past, or from the present, because all bad actions have bad consequences. There is a bill to pay, and we have a limited time to pay. When we don't pay, the bad consequences come. We have to pay somehow.

World Karma is another type. Something occurs all over the planet Earth, like the First World War. Although there was no fighting in South America, there were complications in the world economy that affected South America. The Second World War was world Karma also. The worst type of World Karma would be earth cleansing occurring all over the planet Earth. That is planetary Karma. Planetary Karma is World Karma. Everybody pays. So those are the kinds of Karma.

The origins of Karma are the egos. When we serve the egos by thinking in a bad way, there is no Karma created. When we serving to the ego with bad feelings, still there is no Karma created. But, when we act wrongly, when we do something bad, then Karma is created and there is a bill to pay. When we do something bad, we work against the consciousness.

The origins of Karma are also divided into seven egos. The first will be Karma based in lust, which has to deal with sexual energy. Lust can include adultery in our marriage, going with another girlfriend. So that creates Karma to pay. It brings bad consequences for the marriage, for the home, for the family. We will not explain every type of lust. However, another example is being involved with pornography, which creates some kind of Karma, because at the end we end up being a strip tease or something like that, or a prostitute, which also brings bad consequences personally or for a family collectively. There are many types of lust, and many Karmic consequences originated by the ego of lust, using sexual energy in a negative way, in an egoistic way.

Another ego is laziness. Maybe we didn't go to work when we are supposed to and we don't care, then somebody has an accident because of our absence. We don't want to go to the conferences. We ignore the spiritual path of our life and don't want to meditate. Laziness has many forms, not to help our friends, not to help in school, not to help our brothers and sisters. Laziness goes further and further. When we are living

consciously, we are not lazy. When we are living consciously, we live with unconditional love and we are not lazy and help those around us.

With gluttony there is Karma created too, the alcoholic, the drug addict. These are the worst. Another can be smoking, when someone smokes and smokes. That is damaging, contaminating the lungs and then from the lungs to the blood. The consequences are bad for that person.

Then with pride there is also karma. The show-off, vanity, arrogance, the nationalist, pride in being of the rich social classes, the racist, feeling superior because of your race. Pride makes us believe that because we have a different color of skin that we are superior to someone else. This can bring a long time of bad consequences in future lifetimes because we are born in the race which was discriminated. If we were hating black people, in the future lifetime we are black. If we hate, if we don't like, if we discriminate against Indians, in the future lifetimes we are born an Indian. If we discriminate against white people, the same can occur. So everyone is the own architect of their own destiny. We commit many actions that create karma, because of ignorance.

Another kind of karma coming from the egos will be from envy. All kinds of jealousy are, of course, no good for the consciousness, are no good for the heart, are no good for our health. Jealousies are very wasteful. We can never reach what we want. If we get what we want, we can still lose it. Greed is another one. Greed also brings bad consequences in different ways.

The ego is very important to know, if we want to heal ourselves, if we want to heal the planet Earth. Knowing the origin of karma, the origin of illness is important. The origin of illnesses is the egos of the mind. When we start healing ourselves, as we get rid of the egos with love, we are healing ourselves, and are also healing the Earth. When we get liberated from the egos, we are liberating ourselves, our consciousness, the planet Earth, and the planetary family because we can share with the rest of humanity how to get rid of the egos. The egos are the origin of social problems and the origin of wars. The egos are also the origin of ignorance. Ignorance is not people who do not know how to write or read. Ignorance is people who do not know that they do not know. They don't know that the egos are manipulating from the mind, controlling from the mind. That's ignorance, when people don't know that they don't know. They blame others. They judge others. They believe that others cause their problems, when the problems are within themselves.

The ego is a factor to study. Life needs to study this if we want to live in peace, in harmony. It takes much love to do that work of cleansing the inner temple, and to live in a conscious, spiritual way, not in a mechanical way only. When we come back to the temple of the Father, we found many thieves, many strange people, very dirty and ugly. They are the ones, the egos, the ego animals. One by one we need to throw all those egos to the Temple of the Mother, to the temple of the heart, which is the temple of love. Only with much love can those animals of the mind be healed. The egos are nothing new. They are very ancient. They were always existing from the beginning of life, since we came from the Fourth Dimensional cities, or golden cities in your language, paradise, or Eden as you can it. It is the same, the Fourth World, or the fourth vertical, where we came from with our physical body. Later all those egos were given to us to be human. Those egos came to the mind and then they have control from the mind. From the mind they were controlling the sexual centers. So the mind was against sex and then sex was against the mind. The mind then was against the heart and the worst was the heart against the mind. Even worse than that was the heart against the heart.



This is the way it was designed to be. It was in the divine order to know the dark side. We have experienced enough from the dark side. We know the dark side very well, which was necessary, which is very good. Once we have been awakened, it is necessary to look in the inner temple and see how dirty it is and to start cleaning inside. Get rid of those animals with much love of the Mother divine who resides in the Temple of the Love, the Temple of the Heart, the sacred heart. We need to keep cleaning every day, so we become good cleaners. You love to clean your house. In the same way we should love to clean inside. Once we finish cleaning outside, we also should sit, go in the inner temple and do some cleaning every day.

The problems of the world are within every human being, not only in the leaders. The world's problems are within every human being. Understanding that is very important. Of course, it is also ego to be upset with the egos. The Christians know themselves as sinners. Their judgement of themselves as sinners is from their ego.

There are good egos, also bad egos. In the great mystery school of the Essenes in the ancient times they knew this as the good thieves and the bad thieves, but a thief is a thief. They steal our energy from the sexual center, from the intellectual center, from the emotional center. They use our sacred fire in a negative way to burn ourselves, to burn our life with our own fire.

If there is ego, there is karma. Where there is karma, there are the police, there are armies, there are judges, in this three dimensional world. If there is no ego, then there is no karma, and there is no hell either. Not to have karma is not to have an ego. To not have an ego we need to get rid of the ego. Now in this age, the great masters have brought back the keys of how to eliminate the ego, how to eliminate our karma, how to get ready.

Money is not a problem of itself. Many poor people they misunderstand and say, "Money is the problem. We don't have money," but the money is not the problem. The problem is the ego, which also makes problems with those who have money. Those who have much money have more problems, because with more money comes more power. The ego doesn't know how to manage having money. The egos manage it in their own ways, by making people destroy their lives, destroy their family, the planetary family, the planet Earth. So the problem is not money. Knowing that is very important.

If we have poor people, it is because we are also poor spiritually. In the ancient times Inca Wiracocha said, "We prefer to be rich spiritually. That is our riches." To be rich with the Father/Mother God is the only capital there is to get into the superior world. That's very important. To be rich in the spiritual path, we need to do lots of work with the initiation to ascend so as we work we ascend. As we ascend, everything is given. Everything is given. Do not worry if you are poor. Often it is good to be poor materially, because we can get more reflection, more meditation, more reflection, more ascension, more enlightenment.

All of the humanity has karma, because we have ego. The Great Masters, they don't count negative thinking, nor negative feeling. What they count, where karma begins is when we act in a negative way. That brings bad consequences. That creates a bill to pay, because we are not doing the will of the consciousness, the will of the Father, and are serving more the ego. It is also our free will, to serve the egos, but the consequences are bad. They pull us down to the inferior dimensions, to the lower level of thinking, feeling and acting, creating karma and a bill to pay. Somehow we will pay, with illnesses, car accidents or in many different ways.

Collectively we also can pay, in the family, in the community, nationwide, or worldwide, all collectively have to pay. There appears from time to time someone or a circumstance to make us pay our karma. The Gods don't castigate if we have chosen to serve the egos. The egos have a connection to the beings of the

dark side, so the dark side is in charge of making us pay our karma. They feel so sorry for making us pay our karma, but they, "If you serve the ego, you are serving evil, and if you serve evil we receive. It's a pity. What a pity. You have served me with your negativity, with your envy, with your jealousy, with your pride, with your gluttony, with your greed, with all those personal defects you have served me. That's my food. With this food I grow, and then for being with me you have to pay the karma, for serving the evil." So you see, we serve them, and to serve to evil creates karma. At the end they also make us pay our karma. Everything has a limitation. That's very important to know.

The evil ones do not want us to follow them, to serve them. They want us to serve our inner Father/Mother, to help each other in ascension and the liberation of the consciousness. This is what they want. They feel sorry for us when they make us pay our karma.

Karma in this Aquarian Age now is negotiable. We don't have to pay our karma in such a bad way, like ignorant people not knowing why they suffer or how to deal with Karma. Now it is possible . . . there's a great opportunity to negotiate our bad work from this life and past lives, by doing good work. By doing good work, we can release the bad work. A superior law washes away the inferior law. The capital to negotiate, to pay our bills is the love of the Mother and wisdom of the Father. Those who have no psychological capital, no wisdom of the Father and Mother, no love of the Mother, they have no capital to pay. They don't know how to pay. They are just like an ignorant animal. They cry and cry. They don't know what to do, so they have to pay their karma, because everything has to be paid, maybe not in this lifetime. Nevertheless, they will have to pay in the next lifetime, so they cannot run away.

For example, for ignoring their inner Father, some are born blind. Those people who are deaf, they were abusing from the temple of the verbs, with their gross mind, insulting, accusing, etc. So, in the next lifetime, they have no right to speak. All those who don't hear, they never wanted to hear the guidance, the intuition, the consciousness of the Father/Mother. People who are born without hands, or with a physical defect have a very strong psychological defect. People who were born with their legs twisted or something like this (Willaru demonstrates) were walking in a bad way in a past life. They have walked with their ego. They didn't walk with their Father/Mother. So, there are consequences. All those who are epileptic, they were channeling some negative entities from the Fifth Dimension inferior. Beings from the dark side were coming to possess and speak through their intellectual center. That's an invasion. That's possession. Of course, they have free will, but the bad consequence is epilepsy.

Nobody can judge because everybody has free will to choose. They were believing that the path they were on was correct, but to the Gods believing has no quality. Believing is not good. They see quality in revolutionary investigators, who check out what is good for the heart. If we are not walking well in the spiritual path, and we get little sick, that means we need to change. We need to investigate. We need to consult many people, many elders, many masters, and messengers. Whatever we find that is good for the heart, then we need to practice that. Do not believe right away, because the spiritual path is always full of temptation. The forces of the light and the dark forces exist also. They speak very beautifully, of course. One needs to use discernment. There has to be the two forces. Our work, whatever it costs, is to investigate.

It costs to have a good experience. It also costs to have a bad experience. Bad experiences are good because you become more revolutionary, not to make mistakes again. Everything has a cause and an effect. The karma of all the physical defects, people who are born with a physical defect, has an origin from the past. We should always question when our children are born like this. We should never say, "She's just born. She has done nothing in this lifetime." We don't know what she did in a past life. However, we should go into much reflection with the knowledge of the masters, looking for the truth, to ask ourselves what I have done in the

past. Then we can heal in this lifetime and heal everything from the other lifetimes. Everything has a solution, has a higher purpose for something good. From the dark, we can get the light.

Along with the law of Karma of course there is also Dharma. Now in the Aquarian Age we're doing the good work, awakening of the consciousness. The good work is using the radical way to renounce all those negative forms of thinking, not to have negative forms of thinking and acting. So we are changing. If we want the society changed, the change should begin within us. As we change, we can also be changing others, so this is the transformation of the planet Earth, of humanity. That is good work, sharing with others something that we know, something that we are understanding.

We don't need to be Masters to teach. We don't need to be perfect to share and teach others. When we already understand a little bit, we can teach others, we can be already an example. We can be sharing the little that we know. That's good work, and what the Masters count. As we pay all our karma, Dharma is the result. Everything is given back. There are two kinds of Dharma, spiritual and material. With material Dharma you get money. You get a good job. The universe gives you all the material things, which is also good. However, the best for the Masters is the spiritual Dharma, the ascension, the initiation in the great mysteries to become Masters. The biggest heritage we can take from one to another lifetime is the wisdom of the Father and Mother, love of the Mother. Not even the Gods take that away from us. When we die, we can lose the house, maybe we lose the auto, we can lose many things, even our spouses and children, whom we love so much. Still, we don't lose the wisdom of the Father and the Mother, love, because that continues to the next lifetime, growing bigger and bigger. This is very important to know, to grow with the good work. So the karma is negotiable now. We are learning how to negotiate that karma.

The elimination of the ego is a very important thing to understand, to learn in this age. As we are human, the ego will always be in the mind, good egos and bad egos, good thieves and bad thieves. Usually the bad egos are the first we need to get rid of. Do not get too concerned about the good egos, because the good egos serve the consciousness. At the end the great Masters will get rid of the good thieves. We should get rid of the bad egos first, because they are, we will not say dangerous, but slowly they kill us. They are full of illusion. They kill the civilization, the family, make us drink alcohol, making us dance all night long in the . . . (Laughs). Of course, it is good to be enjoying, but at the same time we can be eaten by life. The ego is the origin of death. Death is the ego. So getting it to know ourselves is important.

When the egos manifest in the mind, usually humanity doesn't know what to do, but we can learn what to do. As the egos manifest negative thoughts, we can take the negative thoughts and the ego to the Temple of the Heart. The Father and Mother are there in the Temple of the Heart. In the Temple of the Heart, the Temple of the Divine Mother is the great love for the mother, and that is the best medicine to heal our psychological illness.

We only need to concentrate, close our eyes, and put let's say, our anger in the Temple of the Heart. If I have anger manifesting in the mind, I become quiet, close my eyes, and then I concentrate on my heart temple. I remember my inner Mother, and ask my Mother and Father to forgive me for my anger. "I have this ego. I have this anger, but now I don't need it anymore. Please help me to get rid of, help me to heal, to understand this, not to hate, but to understand." Go into reflection about that. Ask the inner Mother to disintegrate that ego with her sacred love, fire. Then we can imagine that the animal ego is turning around in the middle of the fire. The sacred fire is consuming, is burning the animal ego, and then at the end, it becomes ashes.

From the ashes appears a little smiling baby. This is called the second birth. So this one little God, one spirit, one consciousness, which was a prisoner of the ego, was liberated. This little baby will help us in our spiritual path. Can you imagine if one baby, one spiritual baby was reborn every day? Our inner Father/Mother, like our physical father and mother, can have many children, many babies. So that's the second birth, mystical birth. Every time we get rid of one negative ego, there is something positive born. The illness is eliminated and then life is reborn. That is a great mystery to practice. We need to study that more profoundly, how to eliminate the ego, how to get rid of those animals. This is the way we become civilized, because the animal egos make us primitive. They make us hate each other. They make us fight each other in this three dimensional world.

Nevertheless, we believe that we are civilized because we went to a university, because we have a Ph.D., but we are not civilized. The authentic civilization is created only when we get rid of all those animal egos. We get civilized when we have no more animal thinking, feeling and acting.

The transformation of the impressions, of course, is also good to know in our daily life, at work, in the street when you are driving a car, at home. This life is full of impressions, good impressions and bad impressions. Both of them need to be digested. Let's speak a little bit about impressions, but before that we can speak about what kind of food there is. There is organic food, like breakfast, lunch and dinner. The organ which digests this type of food is the stomach. A more important kind of food than the organic food is the air, because without air we cannot live more than a few minutes. The organ which digests the air is the lung. There is another food more important than the air. We cannot live one second without the energy that is giving life to all souls, all form of life, which is the light of the life, which is manifesting through the impressions. Good impressions are all the beautiful things which we see in nature, in a lake, in people also, beautiful women, beautiful men, beautiful cars, beautiful houses, beautiful everything. All these impressions need to be digested. Where are the impressions digested? The organ which digests this is the Temple of the Heart, and the consciousness of the Father/Mother.

If I am unconscious, if I see a very beautiful thing, let's to say a very beautiful, very classic car, I will get first identification. Once the car disappears, I will say "Oh, I want to have that car." This is identification. I am falling in love with that car. Then I will get fascinated and then I fall in a dream. That's when we are not digesting. Everything stays in the mind, but the mind doesn't know what to do. It is full of illusion. It is more sleeping consciousness, because it is spending too much intellectual energy, and that's no good.

In the same way will be if I see a beautiful woman, very attractive. I will go like this (makes a gesture like holding his heart), which is natural of a human being. Then I will get identification, I will focus on her, and then as she walks I'm going there too. Then I will get fascinated. I say "Look!" , and then I fall into dreaming about her. This is the process of falling in love also. We don't fall in love only with people. We also fall in love with beautiful cars, beautiful houses, beautiful everything. If we don't know how to digest, we can have a problem, because it is sleeping consciousness, you see.

When we transform that impression, that good impression, we receive that impression with the consciousness, we are bringing that over here (points to his heart). That human impression of a beautiful woman is transformed. I see her as Goddess, as a spiritual sister, and my ego will not take advantage to follow her, you see, or to be sad about not being with her. So I am transforming the good impressions.

What about the bad impressions? We also see in life ignorance about how to transform bad impressions. For example, just recently on the train from Macchupichu to Cusco, an anthropologist came to me, with much

envy, because I was with a group of people like we are. His ego went into identification, and then with envy and jealousy he comes to attack me. He was giving me all his anger, hate, and pride. He was putting all this on me, threatening me. For him the anthropologists are the best investigators on the planet Earth. They use science. They have the best . . . They are . . . But our investigation is worthless, because they don't believe unless they see. Of course we know all about that.

When he was walking to me, I already saw his bad impressions. He had red eyes, because he drinks very often. When I saw him coming next to me, I went into self-remembering, and I then I was already conscious, prepared to hear whatever garbage comes from his mind. He was saying to me, "And you, and you, and you, etc., and these people, etc." I said "Wow!"

I was receiving with love and transforming these bad impressions into good impressions. First, I knew where that negative thinking came from, from his ego, envy. It was also from pride, and from anger, three animals. So he was feeding three animals at the same time, three animals eating from the same plate. I knew that those negative thoughts, and inferior type of thinking were coming from his egos.

I was feeling so sorry for him, and I kept listening. Then I was understanding, and I went into reflection. I was using him also as a mirror. Something that he has, I also was trying to find within myself, maybe a little bit of pride, or a little bit of anger. Maybe it was a bit of all those garbages. That is a reflection. Then I felt compassion for him, and love, because I'm not his enemy. His real enemy is within. He's a puppet being controlled by his egos. So, I'm listening with love, and looking at his . . . I'm not looking in his eyes. I'm looking to his Heart Temple.

That's the transformation of the impressions. When someone is acting with the ego, If I am not prepared, I will respond with another ego. My ego will feel attacked, will feel angry, maybe disappointed, maybe frustrated, maybe sad. When one dog is barking, another dog of the inside will start barking. Many dogs can get in the fight.

I'm learning to be human. Of course, I'm making a transformation. We are supposed to be an example, because this is the best way to teach humanity. I was receiving all those bad impressions and transformed them. He was still my good friend at the end.

I was not burning myself with the fire. If we are watching, are carrying, are holding that light, that fire does not burn us. He was burning himself, you see, but I was not a victim of that. This is the transformation of the impressions.



La Paz, Bolivia - Sept, 1997

Topics...

- History of Lake Titicaca,
- Entering the Inner Temple

This information may help humanity know the metaphysical history of Lake Titicaca. Whether this is believed or accepted is not our problem. The anthropologists and archaeologists do their investigation.

There are also transcendental anthropologists and they investigate human past life civilization in other dimensions. They investigate in other dimensions. We are not used to making an investigation of the past in this Third Dimension with only the five senses of the human machine.

To believe we have to see, touch, smell, hear, and taste. That's good. That's a beginning, a materialistic way to investigate. Being esoteric, mystical, we practice the solar cosmic universal religion of the Incas. Our investigation is also in the Fourth Dimension, and the Fifth, Sixth, and Seventh dimensions. It is not only in the physical plane, in this material world.

The consciousness of the inner Father is who investigates and goes to the superior dimension, Hanan Pacha, leaving the physical body in this dimension, Kay Pacha. I'm very sure that people who have awakened their consciousness, who are looking for the truth, by intuition, they will know that this information is the truth.

As there is more awakening, there is more understanding, and more knowing. This history is contained in many sacred books written by the masters. Those books are called living books, and are different from dead books. Dead books are written only from the mental, intellectual level, in the level of beliefs, which is good, but we go further.

We are in the thirty-fourth year of the Aquarian Age, which began on February 4, 1962, between two to three o'clock in the afternoon. That was the ending of the Piscean Age and the beginning of the Aquarian Age. This is the age when the great masters are giving back all the knowledge, giving the original history of humanity, the esoteric history, just in case humanity forgets their history, their past.

There is a way to investigate in the Fifth Dimension superior. There is a temple of the great mysteries, where the Akashic book of Mother Nature exists, in which is written all the original history of all the civilizations of Earth. That history begins with the creation of Earth. This includes the first solar race which was androgynous, also the second solar race, when our physical body was given in paradise, in the Fourth dimensional cities.

Our physical body was created in the womb of our physical mother. After conception it takes nine months for our mother to give birth to us in this Third dimensional world. In the same way our physical body was given in the Fourth dimensional cities, the golden cities. Our physical bodies developed their human form during many, many thousands of years. Finally, when we were children of the Third Sun, Lemuria, we came out from Pachamama's womb. She gave birth to us in this dimension so that we could do the (??? ??? - not understandable on the tape) in Kay Pacha, this material, physical, organic dimension, where we are living.

During the Lemurian era, the South American Andes were finishing their time of evolution and growing. Volcanoes were still very active. There was much smoke in the atmosphere, with fires everywhere. The Earth was shaking so. At that time Lake Titicaca was not a lake, but was a big valley like La Paz, Bolivia or like Cusco valley.

The history of Lake Titicaca and the Incas goes all the way back to and includes the Lemurian time, when the Lemurians came from the Fourth Dimension. Tiawanuka was a big temple of the first Lemurians, the first kingdom, and right in the middle of the valley was another temple. The first Incas came from the golden cities, but not from inside Lake Titicaca. Quetchua, Aymara, and other nationalities came from different golden cities.

All those cultures were very spiritual. They built temples to the Father Sun and Mother Earth. Inside these temples they were working to build the Temple of the Inner Father Sun and to build the Temple of the Inner Mother, the Temple of the Heart. They based their work in the three steps of revolution of the conscious. In their free time they were also building temples in the physical dimension, temples dedicated to the Sun, and to Pachamama and Pachapapa. Those living in these temples were selected people, very radical people, true warriors of the Sun, warriors of the light.

At the beginning when they came from the fourth dimension all of them were esoteric. In Lemuria we were still integrated. Later the male and the female of our physical bodies became separated. When humanity fell into darkness with coming of the ego, they became simple human beings. Later, a great master came whom they called Amaru Inca Muru, or Inca Amaru Muru. That was their avatar in those times. Amaru Inca Muru brought the three steps of the revolution of consciousness so they could go back to the Fourth Dimension and learn how to become Gods and Goddesses again like in the old time.

One requirement to follow that path was to get married. They created a very occult mystery school, where they gave the knowledge. It was forbidden to give this knowledge to anybody who was not serious, who was choosing the very easy path. Also, they would never force anyone to follow this path or judge them for not. From the beginning of the life, they always respected the law of free will. That ancient mystery school was only for those people who chose to make a big transformation in their life, to make a big change from evil to God.

In the solar cosmic universal religion they knew how to reconnect with their Father Sun and Mother within. The truth, which can liberate us, exists in both of them. They only had to follow that very powerful truth. The Father as God is wisdom and he lives in the throne within us. The Mother as God is love and she lives in the Temple of the Heart. The Father and Mother God are eternal.

A crystal skull, the symbol of death represented the first of the three steps of the revolution of consciousness. The condor eating the serpent represented the second step, and was alchemical work for ascension, the transmutation of sexual energy. They were using sex in their marriage for higher purposes, as the divine energy of creation. This holy energy in sex is the best solar potential atomic energy, three times stronger than the atomic bomb. They had to learn how to make love because God is love. To have a radiation of love was the biggest secret that they had in that religion.

They represented the third step by one couple radiating a rainbow. The aura of love includes all the seven colors, first the white light, then the seven colors on top. The third step represents that the best way to show humanity is by example, when they are radiating love. There are no words. They only had to be seen. When they are seen, the answers are shown. That's the result. That brings good consequences. That creates Dharma and is also the graduation of their work. They were really becoming Gods and Goddesses.

Becoming an Inca God or Goddess was also represented in the first step. There were big steps to be taken in their lives. The crystal skull and the solar philosophy were saying to the disciple, "Give death to the dead, not to live as dead." What does that mean, "Give death to the dead, not to live as dead?" It is a very esoteric, 100% esoteric message. The mystical death, the second death, is not physical death. The egos are death, so one has to eliminate their egos not to live as though dead. For the Masters, when humans have sleeping consciousness, they are like the living dead. They are dead spiritually. They don't care about their consciousness. This is very important to understand.

In those temples of eternal life, the disciples were learning to drink honey milk, the eternal water of Creation. That honey milk was inside, not outside them. It is the sexual energy. The authentic alchemist works with only one wife or one husband. When they bring their sexual energy through the spine, all the way to the head, and then to the heart, the energy transforms. Then the blood takes this transformed energy from the heart to all of the physical body. The disciple, little by little, radiates more of an aura of love, more energy and more electricity. All of this alchemical work is electromagnetic work. The first Incas very often in their ceremonies prepared and offered the holy drink. They made offerings to the Sun, also to Apu Illimani, Apu Yampu, and Apu Mamacocha which were by the La Paz area.

During the Lemurian time there was no Mamacocha Lake. The lake was created later during the Earth cleansing at the end of the Lemurian civilization, when the four elements became active and washed the Earth. The Pacific Ocean came and covered up the valley, the Sacred Valley of the Incas. That was the first Sacred Valley of the Incas.

The Lemurian Incas who were living in the valley of Titicaca were becoming Gods and Goddesses. They were developing authentic powers and faculties and could dominate nature. They became a closed and secret group having special teachings, and a special, higher understanding, much like Macchupichu, which also existed during the same period.

It was very hard to become a part of their group at the end. Their city was an esoteric, enchanted city. Ordinary people could not get in, because cosmic law protected it, with electromagnet power. Strong lightning or much rain would come to chase the people away. Sometimes a kind of gas would come out and make people get nauseated.

The first Incas of Lemuria were also given the keys to make their own cosmic ships, which they made. That's why cosmic ships appear from time to time at Lake Titicaca, especially in the evenings. They are not very big, but are of a small or regular size. They have had the choice of going to live in other planets, like Mars or Venus, but they have not done this because they are very revolutionary. They are not chicken (Laughs to himself). They wanted to establish themselves here in the fourth dimension. When they liberate their consciousness, they are liberating a region, and they can transform the Third dimensional temples from the Fourth Dimension.

When they heal, they are also being healed. When they have more love, wherever they step, they are giving love. Wherever there is conscious happiness, the place becomes very magnetic, with universal magnetism or attraction. Also when their aura is enchanted, their bodies are protected, because they are Gods and Goddesses. Nobody can use black magic against them. Garbage can be sent, but they are protected.

Their cities or temples also have the same protection, even from nature. When they were flooded, the water became rocky mountain on top. They could order the elements of the mineral kingdom to transform, because they could dominate everything, including making the Earth shake when necessary. They worked with the four elements together. When the universal, diluvial floods came and the Sacred Valley of the Incas and their places were covered up, while other places would be destroyed by earth cleansings or cataclysms, the Incas were protected.

Inside Lake Titicaca there is a place like Sacsayhuaman, temples made by the Lemurians with very large stones. If you investigate in the physical plane, you will find that there. In the same form they have created a duplicate of this city in the Fourth Dimension. They were able to transform this city because they have been



liberated from the 48 laws of the Third Dimension and operate with the 24 laws of the Fourth Dimension. Less egos are less laws.

They live in eternity there. This place has been serving later generations of Lemurians as a place of exodus, a place of last retreat for those people who really work spiritually, who need a place during an earth cleansing. The great masters gave those people a place in the Third dimensional world, and the last retreat was in the Fourth Dimension. This is also the last retreat for this fifth solar race. That lake is open and people come there.

They continued their inner work, the new civilization in the Golden Age, and that was the beginning of the Incan civilization again, also the Atlantean. The Lemurian also had twelve tribes. The first tribe of people built that temple, and then at the end of the first tribe, when the time came, their place was covered up. They were prepared for this to occur. This then occurred with then the second tribe, and the third.

At the end was the great continent of Mu, which was as large as the Pacific Ocean is now, and included part of what is now South America. The Lemuria civilization existed on many places on Earth, at the same time as the civilizations of South America at Lake Titicaca. That's a very long history and we will stick with the history of Lake Titicaca.

So a part of South America sank and there are large cities under the water. You will find big bones of dinosaurs, and big monsters. This is proven, even in the Third dimensional world. Many cultures still have vague stories that there used to exist civilizations of giant people, what in Quetchua is called Hatun Runa (big people), or big foot people in North American tribes.

Times of earth cleansings and transitions are not easy, but each time cosmic law is adjusting more and more. Selected people gradually come. There have been many times when thousands were called and few were chosen. This classification or calling occurred during the times of Lemuria. It is also happening in this fifth solar race. It was the same at the end of the Atlantean civilization. In their retreats they worked for humanity and taught each other. They chose how much they work they would do. This was a time of definition, to be or not to be.

After the earth cleansings and transitions, people who were to continue came out of the retreats, and were the seeds of the future solar races. On little grass boats, they came from the Islands of the Sun and the Moon on Lake Titicaca, and went to Puno, La Paz, Cusco, and many different locations. That was beginning of the new solar race, the children of the fourth Sun.

They came in selected groups, selected families, to serve humanity in the big cities and bring their message. They created new tribes, different races, or different languages. Their most important purpose was to work together for the light. When the order came, they left the big cities and went to the first retreat. Then they kept working, becoming more selected and more secret. Then they got the calling to go to the second retreat, where they kept working more intensity with the three steps. Finally they went to the last retreat.

The last retreat is the Islands of the Sun and the Moon. When it is time, an Inca comes from the fourth dimension to open the way for them to go to the fourth retreat, and they work with the avatars of the age. They are the ones who open the dimensional door for all those selected people to go inside Lake Titicaca, when the exodus was necessary. It doesn't happen only in a certain culture. That salvation happens all over the planet Earth. All over the planet Earth there are also golden cities with golden entrances.

After the earth cleansing, at the beginning of the fifth solar race, Incas from Lake Titicaca, Manco Kapaq and his wife Mama Ocllo Iaco, came out. It's like Adam and Eve. That first couple represented many couples. The esoteric way is to remember only one couple, but they represent many couples. That's very important to understand. If we understand this only materialistically, the interpretation would be that there were only two white people. That's why many peoples from other races question that if our first ancestors were one couple, white people, where did the Indians come from, or the Chinese, or black people and many other races. This is very confusing. Manco Kapaq and Mama Ocllo Iaco represent many races, many couples who come from different languages, different sectors of South America. This information of a first couple, . Manco Kapaq and Mama Ocllo Iaco, can be found in Peru, and in Bolivia, but they see this only as a one couple. But that has an esoteric, metaphysical interpretation. Metaphysical means wisdom and knowledge above the physical plane.

When they came out they spoke the language of new continent of Abiyala now South America Quechua, Aymara, Shipibo, Conibo, Campa, Ashaninka, Kogi, Mapuches and Araucas with many other language was spoken in the past civilization of Masatlant. Many other nations came from the four dimension and they keep speaking the same language as before the earth cleansing. The great masters took the seeds from different races.

It was always happening during the Lemurian era, and at the end of the Atlantean. This is happening now, as this fifth solar race also is about to end. Lake Titicaca will be one, not the only one in South America, but one of those retreats where people will go who have wisdom of the Father and love of the Mother.

The requirement to go to the fourth dimensional golden cities is to have at least 51% of consciousness free and awake. Having 50% of ego and 50% of consciousness is not good enough. Eliminate one more ego and then there is more good than bad. Then one has the right, has a ticket to go to the fourth dimension. Maybe not directly yet. It might be necessary to start at the first retreat and keep working more intensively. They know that humanity will have to disappear and they are choosing. In the first retreat there will be very intensive reflection. They need to forget the banking account, etc., and all third dimensional attachment.

Everybody wakes up in the spiritual dimension there, because they have lots of guidance and they already have many faculties. Everybody in the first retreat uses astral projection. They are already dominating the physical. They put the physical body in the Fourth Dimension, so they can fly. Intuition is working already. They don't need faxes or letters or telephones or anything like this anymore. They have renounced many things to get there. They got there with many merits of the heart and have helped themselves or humanity unconditionally.

The spiritual practice includes the three steps of the revolution of the consciousness. This is the ark of salvation. It is not a big ship, which saves people because they believe in the masters. That's a very easy, lazy interpretation, to wish to be saved only because of believing in one master, that a savior will come to get them because they are believers, followers. Of course, humanity can think as they like. The ark of salvation is the three steps of the revolution of consciousness. The masters say we need to save the consciousness of the Father/Mother from the egos. The liberty of the consciousness is very important. That's the savior.

Once the consciousness is liberated from the ego, the consciousness then liberates the mind. The mind then liberates the sexual energy, and the sexual energy liberates the mind, then to the heart, then the five bodies are liberated. At the base is the physical body. The vital body goes to the Fourth Dimension, astral body to the Fifth Dimension, astral world, mental body to the mental world in the Fifth Dimension superior, the

causal body to the Sixth Dimension, and the atomic body to go to the Seventh Dimension. There is another body, which is the golden body. It is also known as the buddhic body. The masters have a buddhic body. Practicing the three steps of the revolution of the consciousness creates all these bodies and they are tested in the seven initiations of the great mysteries.

The seven is represented in the seven windows or the seven doors in Macchupichu, Ollantaytambo, Coricancha, etc. The serpent, the seven steps, or the seven egos also represent it. From the seven egos we can liberate all the seven babies. All that is representing the seven initiations of the great mysteries. We are still in the seven initiations of the minor mysteries. That's why we are still dreaming and we don't know, but we are passing these tests. The tests come little by little. One test is to define whether we want to be with the Father/Mother or if we want to be with the egos. This is our own choice. If we still want to be with the egos, it is because we don't have enough experience, which is also good. We still have to experience this world, which is the world of illusion, the great school.

More information will come about Lake Titicaca and the Incas if there are some questions asked. Question can take us further. Questions bring knowledge from the book of life, something about which the mind says "I don't remember." The question is like a computer, you push a button and then you get the information.

QUESTION: You were saying that there are many retreat places on the planet. With the changes that are coming that many people all over the world are sensing, is it appropriate to go and stay in the retreat place that we're called to and leave behind our existence that we have in Third Dimension? Or is it enough to visit that place and know that it has activated something inside one, and still go back into the Third dimensional world?

WILLARU: Once we have awakened the consciousness, and then we do much work first with ourselves and then with humanity, in the big city or in the countryside, you are doing something that creates merit of the heart. The capital to negotiate our karma is of course the Dharma. Or you can live in Titicaca, and visit the big cities, to go there to only do a workshop or conference and then come back to Titicaca.

If you want to go near the golden cities, it is good, because from time to time there appear ancient masters in the Third Dimension. From the Fourth they come to the Third Dimension and they guide you to your inner Father. When they talk, you can vibrate, and they talk directly to your inner Father/Mother to make you hear.

If we are prepared, sometimes they will invite us to go to the Fourth dimensional cities, but it is not time to stay there yet. To go there and stay there to live eternally, the couple needs to work in a radical way with the three steps and create all those bodies of the authentic man and the authentic woman. These bodies are the wedding dress with which to go to the other dimensions.

One requirement to go to live there forever is to be married. If you are single, the masters also can come out to give you a message, to give you work as a test. I don't know what mission they would give you. The mission I received was to come to the big cities and then share this little understanding I have with humanity, to work as a messenger of the Sun. So this is what I am doing.

COMMENT FROM AUDIENCE: A teacher of mine said that when the time comes, we will be known by the light that we carry. We will be picked up by the ships and they will take us to the retreats.

WILLARU: The light, wisdom and love, the aura of love that we are carrying, are our capital, and is the ticket to board the cosmic ship. They will recognize us. That's our graduation. They can see if you have rebuilt your Temple of the inner Father/Mother and have helped yourself and humanity liberate consciousness. The cosmic ship sometimes comes if we are very far away from the retreat, but they don't take us to other planets, to their planet. Their mission is to take us near to the door of the golden city, to the first retreat. Everybody has to pass through the first retreat, then the second, and the third, etc.

It is not recommended to look for connection with the cosmic ships to be saved. The civilization from Venus says that everything will be given in time. The ego wants to be saved already, wants to be taken to the other planets without having done any work. This is an important reflection for all humanity.

COMMENT FROM AUDIENCE: I've been told that the spacecraft won't take the light workers who are savable, because the volunteer lightworkers who are here will have to fly on their own. They will have to get their vibration higher so they can go in their own ships which they develop within their own bodies. You are not going to be rescued by a ship. The ships are going to rescue the ones that didn't get here as volunteers. So, the measurement is not going to be the same for all of us.

WILLARU: From my little understanding, what you said is truth. Not only in the cosmic ship can we go to the Fourth Dimension. We can shift our physical body, taking the physical body. When we have done much work, it is also possible to fly from one continent to another. This is taking the physical body to the fourth dimension, like when masters appear and disappear. They don't need a cosmic ship. They have a higher frequency. Everything is electricity, electromagnetic. They can open their bodies to go to any dimension. That happens when we liberate our consciousness more than 51%. At first we are unconsciousness, but then we get more conscious. Faculties and powers are given little by little. Many of you have some of these faculties. For example, many of you have intuition, and some of you can already hear the messages of the masters. Some can already see with the third eye. That's a faculty which was sleeping, but is now awakened. Some of you already fly in the astral plane and play there. Many of you have already reached ecstasy in the Sixth Dimension, and have enjoyed the authentic peace, love, and happiness of the superior worlds.

Some of us have the faculty to heal people with crystals. There are different ways of healing also. We are only beginning, and as we work, there is more awakening, we develop more faculties and powers. The seven chakras, which are related to the seven temples behind us, are like a flower, opening little by little. As each chakra center is reactivated, we get more faculties and powers.



they are conscious.

Puno, Peru- September, 1997

Topics...

- The Inner Father and Mother

In this spiritual culture of the Sun, God as Father is wisdom and He lives in the throne within us between the two physical eyes known as the third eye. That is the eternal spiritual Father, who never leaves us. God as Mother is love and she lives in the Temple of the love. Our Father and Mother are one. They never separate and they never divorce, because

In any religion all the great masters always spoke about their Father, but they were not speaking about their physical father. Humanity only knows their physical, biological father. They don't know their spiritual Father and Mother, eternal Father and Mother, who was always there from the beginning of the every lifetime, residing in the inner temple.

They are always guiding through the intuition of the Mother, through the consciousness. The consciousness of the Father and Mother tell us, "Don't do that, not yet. Be careful. Take it easy." But often the ego is saying, "It doesn't matter. Do it." Maybe asking "One more beer? One more cigarette?", and many other temptations. Many times we listen with the consciousness and often we listen and do whatever the ego is asking. We are following both paths. Whatever is convenient for the good life in this dimension. The good life in this dimension is made with the good egos and the bad egos, also with the consciousness.

When we come back to the Temple of the Father/Mother, they help us a lot in the spiritual path and in the material life. When we are doing well spiritually, we can also be doing well materially. But when we are not doing well spiritually, we are also not doing well materially. Even if we make much money, it is harder. There is more suffering. It is much easier to be with the spirit and the material part is given more easily.

The Mother has great power and faculty to help us control the mind. For example, many nights the mind doesn't want to stop thinking. We only have to remember the Father/Mother God, and then put that mind with all that thinking in the Temple of the Heart. Concentrate on the Temple of the Heart. We are there. Whatever we are thinking, put it in there. Concentrate there. Remember the Mother's unconditional love. Remember the power she has. Keep concentrating there and imagine seeing a garden full of red light, red flowers, and a red tunic on the Mother. Or imagine that a red fire is there, whatever is red and then keep concentrating there.

God is there, a little God is there in the form of light, standing there with a golden sword. She has a beautiful red tunic. Keep concentrating and put that mind in there many times. There's a sound when the ego is thinking at high speed. The mind also has some sound like this, and then as you keep your concentration here, that is going from the beginning like this and then going like this. Then it becomes quiet. I know, because I am always practicing. Maintain your concentration although it has become quiet. Keep your concentration. If you are tired and fall asleep that way, this is great.

We need to become the authentic priest and priestess of love and wisdom. The confession that we have seen in the external, subjective way, we can now earn in the objective way. Go to the inner temple. You can go on your knees, near the throne of the Father. Imagine there is a great master present, your eternal Father, your spiritual Father. The blue Father, the blue master is there, with a blue light. Tell your mistakes, and then ask to be forgiven. "I have done this and this and that and I want to change." This is a confession. The external confession was an exoteric teaching, which was okay, but the esoteric teaching is internal. We need to apply them on the internal. We can practice this. This is the authentic confession.

The Mother teaches us to forgive, understand, get reflection, have compassion, and have unconditional love for others. It is great to get to know our Mother. The Mother's love is great and has no limitation. Love is great medicine, because all we need is love. With love, we can develop ever more love.

When you are teaching and helping others, it is love in action. The best way to work, of course, is not to put a monetary price on your spiritual work, because it is already of value. This is only a suggestion. I am not saying, "You have to do this." It is better to work with the spiritual first before the material. People who are prepared understand about the duality of the spirit and the material. They go together in harmony. This is good to understand.

Maybe from questions can come more teaching about coming back to the inner temple of the Father/Mother. So, I welcome any questions.

QUESTION: When you are tuning into the temple of the Father/Mother, how do you clear the noise out of your mind? Can you say more about how do to get the mental chatter cleared out?

WILLARU: The first step is to be in self-remembering of whom we are, and then we will remember to come back to the Inner Temple. We will know the Father/Mother. Then the second step will be to put your mind in the Temple of the Heart. Concentrate on those connections. The third step, once the mind is under control, is to recognize our Mother, how beautiful she is, how much power she has, and how healing she is.

When the Mother, with her love, is consuming the ego animal of the mind, in that moment forgiveness is happening. It is a healing and a blessing to be with the Mother. She has the faculty to control the egos and if you experience this, if you practice this, you will know. So take this information to your intellectual center. When you practice how to digest in the Temple of the Heart, you will know. Once you know, you know. From knowing comes wisdom. With the coming of the wisdom of the Father/Mother, and the love of the Mother, we become connected to the Father/Mother. Any other question?

QUESTION: When you say self-remembering, what do you mean by that, remembering yourself?

WILLARU: Maybe often during the day we forget who we are. We are fascinated and identified with this Third dimensional world only. We live only in the mental, intellectual way, and we see everything this way. We are not living consciously. Then we catch ourselves and remember who we are and what we are supposed to be doing. At that moment we have gone into self-remembering. We are not those inferior forms of thinking of the egos, with the complaints, with shame, etc. They make us feel everything. Many times it is superior, many times inferior, many times sad. We are living in a world of illusion.

Once we have awakened the consciousness a little bit, from time to time during the day if we find ourselves acting out of the egos, we will go into self-remembering. We will say "What am I thinking?" and then change

the form of thinking. We will go into self-remembering, and put the mind in the heart. There we can concentrate and then we can have more objective thinking, maybe even go into meditation or do some other inner work longer.

We are changing our destiny, moment by moment. We are choosing and defining who we are, what we are supposed to be doing. It is not year by year, but moment by moment. Ascension can be moment by moment. We cannot wait anymore only for Sunday to do some kind of inner work, or maybe in a couple weeks, etc. Defining to be or not to be is now in the moment. We need to ask moment by moment what our form of thinking is. That is the guidance of the masters. (End of transcription)

## Interview with Willaru Huayta by Tricia McCannon

Tricia: You are a Quechua Shaman in Peru of the Inca tradition. A Shaman is a healer in your tradition. The Quechua are an ancient tribe from the early Incan.

Willaru: Yes. I was a Shaman in the Amazon jungle for a long time, and then I got a message that I had to go to the big city to communicate, to work for humanity and the higher levels.

My Parents and grandparents are Quechua. I grew up in the jungles speaking Quechua. I was happy there as a healer.

Tricia: How does one become a Shaman in your tradition?

Willaru: Dying is one of the ways. Most common is when they are struck by lightning and live through it. Sometimes it destroys the physical body. But if they live, it can destroy the ego, and they become free. After they become free from the ego, they get more psychic powers. The lightning did not happen with me. I was in the Amazon jungle doing my inner work - the sun dance and the meditation every day. Early one morning a fourth dimensional master from the inner cities came to visit me. I was half awake and half asleep when he came. My astral body was awake.

The master was a black man, about nine feet tall. He wore a white tunic and a black cape. He started talking telepathically, directly to my heart.

He looked just like us. His vibration very, very high. His voice was like the voice of the Universe and the sound of it made my heart vibrate. He started giving me a message that I must be born again, a hundred times. To be born, I must also die. He said that I must die psychologically to my ego. Every time I die to something negative, something positive would be born. I would become wiser every time, and more humble. After that I always followed what the masters told me. I knew I must leave the Amazon jungle, although I didn't want to. I was happy, but I had to go. The masters are taller than us. They are the root race. They radiate much love. I knew that they came from the inner cities. Everything is very light to the physical body, so when you come back you feel very heavy. There are caves. And the house structures all look like royalty. They have an internal source of light, an inner light and there is a great river there that radiates light in the fourth dimension as well.

Tricia: You're saying that they live on this planet with us in out of the way places like the Andes, but they are in the fourth dimension?

Willaru: Yes, they are a Solar civilization. Most of the world only has the knowledge of the last Inca that were here when the Spanish came. That culture didn't have a lot of spiritual light left. The early Inca were much more aware spiritually. The word "Inca" means king. This means that, each of us is a king, each of us is holy and full of light.

Tricia: Your people named the Solstice celebration *Inti Raymi* in honor of the sun. Why do the Inca honor the Sun?

Willaru: We believe that the Sun lives in our forehead where our third eye is - that is, the Father Sun where the sacredness of the absolute resides. That's how we communicate with the Father God.

Tricia: So you're saying that the Sun is just a symbol for our own Divine connection to the whole, to the circle of light?

Willaru: Yes, exactly. The great Central Sun. That's the spiritual world.

Tricia: The Inca believe that the Universe has seven major dimensions, and that we are living on Earth at the third from the bottom. Can you tell us about each of the other dimensions?

Willaru: This material world is called *Kaypacha*. The higher world is the *Hanapacha*, which includes the fourth, fifth, sixth and seventh dimensions. It is the same as saying "the kingdom of the Sun" or "the kingdom of the sky." In the fourth dimension, we have the Atlantean and Lemurian cultures and also some of the higher dimensional masters. In the fifth there's a Tribunal of Cosmic Justice of the Mother Divine. They are forty-two judges of the hierarchy, plus one called Anubis.

Tricia: That's the name used in Egypt as the "Opener of the Ways" into the other world at death. Anubis is one of the nine Neters of Egypt.

Willaru: That's a universal name. They are in charge of the destiny of humanity. When we die they see whether we lived good lives or bad. They oversee karma. In the sixth is a causal world. It's a world of spiritual essence. In the physical world there are forty-eight laws. In the fourth dimension there are twenty-four. In the fifth there are twelve, in the sixth there are six, and in the seventh there are three laws. The Universal Christ emanates from the seventh. We can reach the sixth dimension through meditation. Our spiritual essence gets fed there through love. We reach authentic peace and love because there is no ego.

Tricia: What are the teachings of the Avatars?

Willaru: They are the teachings of revolution. The first principal is for elimination of the ego, to get rid of all the inner defects. And the second principal is to the sacred marriage: to use sex in the sacred ways, to use it to regenerate for illumination and the higher purpose. The third part is to give wisdom with love to humanity. Only in giving wisdom can we receive more wisdom. So those are the three big steps you can see on many altars or thrones of the Inca everywhere - Macchu Picchu, Tiawanaku - everywhere, always.

Tricia: Willaru, how can the Incan path help people today?



Willaru: Good shamans work with spirits from the plant, animal and mineral kingdoms. They understand natural healing and occult healing. These are spirits from the plant kingdom who will come and give you their names and tell you how they can be used for healing in a particular way. They will say how to prepare them and how often to use them. Then there are the spirits of the mountains. They are called the Apus, who are like Angels. Apus teach through the inner ears, and the shaman must learn to listen through these inner senses. In the ceremonies, the shamans play on their drums for healing. During the music, the spirit of the animal that the patient is working with will come out. Then that animal, that ally, will help the shaman to know what kind of medicine to give the sick person. Sometimes those animals are associated with particular diseases. For example, when a shaman is drumming to heal a person who had AIDS, the spirit that comes out is a big black dog. It is tied into the psychological ego of the person. We burn that black dog in the fire and it liberates the person and transforms them. And when the love of the Earth mother, the Divine *Pachamama*, receives the spirit of that animal through the transmutation of the fire, it leaves the person. But they must die a psychological death as well in their own ego for that to be transformed. This Shamanic world is a world of high magic. A shaman must always follow his own guides' inner wisdom, so that he stays close to the light and the masters who are guiding him.

#### The Inca Transcripts

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